

THE CONNECTOR



A Big Round Table in the Middle of the Medical Community

If we have learned anything over the past couple of years, it is the importance of maintaining connections with people. ACMS is a hub to bring together the various

players and silos of our growing medical community. We reach across specialties, institutions, employer types, and career stages to strengthen the weave of

community health. We invite you to come take a seat, get to know your colleagues better, and enjoy the table fellowship as we continue to grow.



Connection

Welcoming interns at our New Residents Dinner every summer



Professionalism

Honoring Dr. Sky Blue as our 2021 Physician of the Year



Integration

Practicing family-like hospitality so our connections grow deeper

Member Connection Center



ENRICH YOUR LIFE BY PURSUING YOUR HOBBIES WITH OTHER MEMBERS

Our portal lets you browse what other members' off time pursuits and share with them your own interests too. Through our website you can start a private circle of members with similar affinities to share information and plan opportunities together. You could hit the trails, paint and sip, or dominate pub trivia night together. Or, consider fly fishing, running, pickleball, dinner clubs, beer making, flying drones, Ironman training, ATVs, book clubs, karaoke, Bible study, tennis, rock climbing, yoga... you name it!

If you would like to start a member-focused affinity group, we can assist you with formation, possibly help with some funding, and publicize activities that brings our members together.



MENTORS CAN ACT AS A SHERPA TO HELP NAVIGATE TRICKY CAREER TERRAIN

At points along your career journey, you may need someone who has travelled that way before you. ACMS is creating a pool of members who can point out the crevasses to avoid, give you some tips, and help you acclimate to higher altitudes in your calling. Here are some ways you might find help for your needs or offer yours to others.

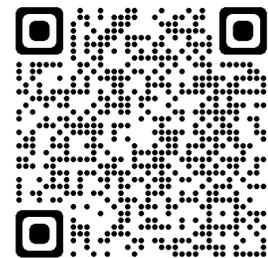
Develop new clinical skills ♦ Grow in your leadership abilities ♦ Talk about career aspirations and transitions
Discuss independent practice or medical partner considerations ♦ Find somebody to introduce you to the Treasure Valley medical community ♦ Explore a research project design or funding ♦ Discover how others learned to balance work and family life ♦ Learn some new patient scripts ♦ Befriend a workplace "political advisor" ♦ Appreciate the views of a different generation better



CREATIVE ARTS EXERCISE YOUR RIGHT BRAIN MORE AND BUILD RESILIENCE

We have some seriously creative physicians who explore a range of outlets from astrophotography to xeriscaping and everything in between. Not only do we want to connect those with common pursuits to each other, we also want to introduce their work to you.

As more members share about their creative interests in the Connection Center, we will begin showcasing them and may eventually hold an ACMS art show.



Scan code with your camera or visit adamedicalsociety.org/member-connection-center

What's Happening in 2022?

Oh the Places You'll Go - Residents' Career Readiness Training ♦ 63rd Annual Winter Clinics ♦ Medical Student Speciality Career Fair ♦ New Residents' Welcome Dinner ♦ Go Wild at Zoo Boise ♦ Farm Harvest Festival Annual Meeting/New Member Welcome ♦ Legislative Update with the IMA ♦ Secret Santa

What's Coming in 2022?

A New Member Portal with Member Initiated "Social Circles" and Topical Forums ♦ ACMS "Listening Posts" ♦ Focus Groups ♦ Specialty Boards Study Groups ♦ Creative Arts Profiles ♦ Member Contributions Section

Winter Clinics 2022

McCall Idaho  February 24-27

REGISTER AT [ACMSWINTERCLINICS.COM](https://acmswinterclinics.com)

JOIN US FOR SW IDAHO'S MOST POPULAR AND LONGEST RUNNING MEDICAL EDUCATION CONFERENCE AND FIND OUT WHY DOCTORS KEEP COMING BACK

Seven years ago, ACMS began to envision a medical community where clinician well-being is encouraged by policies, supported by employers in practice, and self-prioritized as an ethical duty of care.

In 2016, we launched the Physician Vitality Program (PVP) recognizing the unique challenges that physicians and other clinicians face accessing mental health care. Since then, over \$115,000 worth of therapy has been provided as a benefit of ACMS membership through confidential, convenient, competent, and cost-free access.

The creation of PVP kickstarted ongoing, meaningful discussions across the medical community about the important role of physician vitality in the care of their patients. While more work remains to be done, we continue to build a coalition of doctors who view a sustainable work ethos as an aspirational community standard.

PVP Guidelines

- View all available therapists' profiles and treatment foci on our website below.
- Call the therapist directly and identify yourself as a member of ACMS.
- Review the informed consent forms before your first appointment.
- Five appointments are provided during any 12-month period, commencing with the first appointment.
- Charitable donations to support PVP may be made through the ACMS Foundation.

For information and appointments visit adamedicalsociety.org/physician-vitality or call/text 415-PVP-ACMS for assistance finding a therapist.



A SAFE PLACE TO TALK ABOUT YOUR LIFE



Absolute Confidentiality

Your participation in this program is confidential, voluntary, and may not be mandated as a condition of licensure or employment.

Neither ACMS, your employer, nor the Board of Medicine/Nursing will be notified if you choose to participate.

In 2022, ACMS will work with both IAFP and IMA to work towards a statewide network of similar care services.



Ada County Medical Society

305 W Jefferson Street Ste 101
Boise ID 83702
208-336-2930



Complete our member survey by December 31st and enter to win a \$150 gift card.
adamedicalsociety.org/Member-Survey



Giving Back Opportunities

01

GENESIS COMMUNITY HEALTH

This integrated healthcare facility in Garden City just celebrated 20 years of providing primary medical care, basic dental, mental health, specialty referral, and medication assistance to lower-income and uninsured patients. Healthcare volunteers are needed at various hours throughout the week. genesiscommunityhealth.com or 208-384-5200

02

M. BLANCHARD FRIENDSHIP CLINIC

The Marie Blanchard Friendship Clinic has been quietly saving lives and restoring health to Idaho adults who are uninsured or under-insured since 2004. Volunteers are primarily needed on Monday and Tuesday evenings. friendshipclinic.com or 208-429-6678

03

MEDICAL RESERVE CORPS

Central District Health uses volunteers to provide a variety of services in the community during emergency situations. Medically trained personnel can also administer immunizations, offer medical support, and provide health education. Volunteers may also assist in ongoing public health efforts. volunteeridaho.com or 208-327-8572

04

ACMS FOUNDATION

We provide grant awards to local causes that promote physician well-being, work-life balance and leadership, provide direct health services to Idahoans, or advance Idaho health professions education. We have two designated funds: one for Medical Student and Resident Emergency grants and one to support our Physician Vitality Program.

LEARN MORE ABOUT MEDICAL VOLUNTEER AND MAKE A CONTRIBUTION AT
ADAMEDICALSOCIETY.ORG/GIVING-BACK